



# Male Recovery Residence Sober-Living

**Realize U 252 provides a Sober Living Environment for adult males seeking long-term addiction recovery. Residents benefit from peer support, in-house life skills training, and connection to area resources for job coaching, education, and clinical services.**

Serving the Eastern North Carolina Region, Realize U 252 is twenty-four-hour nonprofit facility established for the purposes of shelter care and recovery from alcohol or other drug addiction through a 12-step, self-help, peer role modeling, and self-governance approach.

Lack of a stable living environment is a serious obstacle to long-term recovery. Destructive living environments often derail recovery for even the most highly motivated individuals. Realize U 252's Sober Living is an alcohol- and drug-free living environment designed to support individuals seeking lasting recovery from alcohol and other drugs. The program does not provide clinical treatment services nor does it accept insurance.

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**Our mission is to provide a safe, secure, home-like environment to our residents with the support they need to focus on their recovery.**

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**HOW MUCH?** Program fees as low as **just \$175 per week** which includes use of the residence, in-house programming, peer support services, food, and utilities. All residents must self-pay. (Some partial-scholarships may be available on a limited basis.)

**HOW LONG?** Residents determine their own length of stay; however, preference is given to residents who intend to stay a minimum of 90 days.

**The distinct benefits Realize U 252 provides beyond Sober Living:**

- Access to a proprietary online **recovery coaching** curriculum
- Most **food provided** for eligible residents through area food programs
- Life-skills and personal development **in-house training**
- **Freedom & flexibility** to work, go to school, or volunteer in the community
- Outings and **recreational activities** coordinated for the residents

**LEARN MORE OR APPLY:** call/text **252-499-0143** or email **director@realizeu252.org**