

excerpted from
Author Allan
Stevo's latest
book, *FACE*
MASKS IN ONE
LESSON

How to Stop Wearing Face Masks



"Allan Stevo's unbroken work on the topic of masks has given me and countless others useful information to face these strange times fearlessly. Thanks to the advice in Face Masks in One Lesson I was able to safely travel across the country by plane, train and automobile without a mask or harassment."

- Zac Wendroff



"I love Allan's writings on HOW TO avoid wearing the fear mask. Practical information as well as resistance theory."

- Bo Andersen

Introduction

All Advancement Begins With One Decision

A review of the gold standard control randomized trials with laboratory confirmed outcomes published in the May 2020 Emerging Infectious Disease, a Center for Disease Control and Prevention (CDC) journal, says unequivocally that face masks don't stop the spread of Covid-19 and should not be relied on to do so.

This maddening "year," which could last for one year, ten years, or a thousand years, will not be brought to an end by chance, by edict or by unchecked emotion. It will be brought to an end by thinking man doing what thinking man has always done: acting in an individual capacity that results in him pulling himself and others around him up from the mire of unchecked emotion.

The Lesson

There are three common ways of stopping wearing a face mask. For the purpose of this brochure, which offers a high-level summary of some of the content in my book, *Face Masks in One Lesson*, I will focus on Method 3.

Method 3: Invoke An Exception

This method says a great deal about what a toxic society we live in. Instead of the science behind the ineffectiveness of the masks, it calls on you to point to some piece of paper written by who knows who, signed by who knows who, with some official-looking seal on it, perhaps put there by who knows who, ostensibly read aloud at a press conference that you didn't attend, reported as the truth and nauseam by journalists and politicians you don't personally know and who have repeatedly proven themselves unreliable to those who pay the slightest bit of attention to the affairs of the world.

The third method lends credibility to all the wrong tendencies in our society. Instead of peaceful cooperation, it calls on you to cite the law. It calls on you to try to pull rank. That is far from ideal.

The third option applies to many millions of people.

All it asks for you to do is something that many people aren't comfortable with, but which means a great deal: read the law. Read the face mask laws. Once you try to do that, you will probably be surprised to learn that there is no law.

The Steps In The Method 3

The third approach is as follows:

- 01 Identify where you are going.
- 02 Call them up.
- 03 Enquire about the policy.
- 04 Request an exemption under the policy.
- 05 Confirm what time they can expect you.
- 06 Have a look at their policy if you must.
- 07 Request a more strongly worded exemption.

Steps 6 and 7 are nonsense that almost never have to occur. Steps 1, 2, 3, 4, and 5 are simple and effective and are the ways I have gone shopping, gotten a haircut, entered a hospital, gone to doctor's appointments, and so much more with no mask. That's not because I'm in South Dakota where there might not be face mask laws, but where plenty of people voluntarily mask themselves. I'm in California.

For specific details on this and the other two methods, as well as all the details and instructions on how to apply them effectively and take back your right to use your faculties of reason, you can purchase the complete book [here](#).

